

Providence Church  
Counseling Intake Form

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Primary Phone: (\_\_\_\_) \_\_\_\_\_ Cell \_\_\_\_ Home \_\_\_\_ Work \_\_\_\_

Other phone: (\_\_\_\_) \_\_\_\_\_ Cell \_\_\_\_ Home \_\_\_\_ Work \_\_\_\_

Is it alright to leave a message? \_\_\_\_\_

Email (only if you would like to use this as a form of communication): \_\_\_\_\_

Occupation \_\_\_\_\_ Place of Employment \_\_\_\_\_

Marital Status:

( ) Single ( ) Married *year* \_\_\_\_\_ ( ) Divorced *year* \_\_\_\_\_ ( ) Remarried *year* \_\_\_\_\_

( ) Engaged ( ) Widowed *year* \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Spouse's Occupation: \_\_\_\_\_ Place of Employment: \_\_\_\_\_

Children:

Name	Gender	Age	Relationship	Living in Home	Grade/occupation
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_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Briefly describe/explain the presenting problem(s):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Briefly explain what has been tried to resolve the problem(s):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any counseling/therapy you have sought, past or present:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any medications you are currently taking:

\_\_\_\_\_

\_\_\_\_\_

## Presenting Problems

Please check the following that apply to you. I have had or have problems with thoughts of:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Not being good enough    | <input type="checkbox"/> Hearing voices or sounds inside my head                  | <input type="checkbox"/> Racing ideas               |
| <input type="checkbox"/> Not being cared about    | <input type="checkbox"/> Hearing voices or sounds that others can't or don't hear | <input type="checkbox"/> Being a bad or evil person |
| <input type="checkbox"/> Not belonging/fitting in | <input type="checkbox"/> Seeing things or people that others can't or don't see   | <input type="checkbox"/> Flashbacks of past trauma  |
| <input type="checkbox"/> Being understood         | <input type="checkbox"/> Having special powers                                    | <input type="checkbox"/> Hurting or killing myself  |
| <input type="checkbox"/> Being rejected           | <input type="checkbox"/> Being superior or privileged                             | <input type="checkbox"/> Hurting or killing others  |
| <input type="checkbox"/> Being abandoned          | <input type="checkbox"/> Being in danger  | <input type="checkbox"/> Sexual preoccupation       |
| <input type="checkbox"/> Being a failure          | <input type="checkbox"/> Being followed or spied on                               | <input type="checkbox"/> Excessive religiosity      |
| <input type="checkbox"/> Being unattractive       | <input type="checkbox"/> Revenge/getting even                                     | <input type="checkbox"/> Nightmares                 |
| <input type="checkbox"/> Being overweight         |   | <input type="checkbox"/> Something medically wrong  |
| <input type="checkbox"/> Hopelessness             |   | <input type="checkbox"/> Impending doom or death    |
| <input type="checkbox"/> Not knowing my identity  |   |   |

Please check the following that apply to you. I have had or have problems with feelings of:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Guilt               | <input type="checkbox"/> Irritability         | <input type="checkbox"/> Being out of control        |
| <input type="checkbox"/> Apathy/indifference | <input type="checkbox"/> Intense frustration  | <input type="checkbox"/> Anxiety/apprehension        |
| <input type="checkbox"/> Boredom             | <input type="checkbox"/> Anger                | <input type="checkbox"/> Specific fears/phobias      |
| <input type="checkbox"/> Intense loneliness  | <input type="checkbox"/> Hate                 | <input type="checkbox"/> Intense excitement/euphoria |
| <input type="checkbox"/> Intense sadness     | <input type="checkbox"/> Rage                 | <input type="checkbox"/> Obsessive love/infatuation  |
| <input type="checkbox"/> Helplessness        | <input type="checkbox"/> Tension              | <input type="checkbox"/> Mistrust/suspiciousness     |
| <input type="checkbox"/> Depression          | <input type="checkbox"/> Being under pressure |  |

Please check the following that apply to you. I have had or have problems with behaviors of:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Aggression/fighting        | <input type="checkbox"/> Inefficiency            | <input type="checkbox"/> Taking the blame         |
| <input type="checkbox"/> Stealing                   | <input type="checkbox"/> Avoidance               | <input type="checkbox"/> Making decisions         |
| <input type="checkbox"/> Vandalism                  | <input type="checkbox"/> Forgetting              | <input type="checkbox"/> Procrastinating          |
| <input type="checkbox"/> Fire setting               | <input type="checkbox"/> Lying                   | <input type="checkbox"/> Arguing                  |
| <input type="checkbox"/> Injuring self              | <input type="checkbox"/> Impulsiveness           | <input type="checkbox"/> Temper                   |
| <input type="checkbox"/> Suicidal acts              | <input type="checkbox"/> Being oppositional      | <input type="checkbox"/> Running away             |
| <input type="checkbox"/> Bossing/controlling others | <input type="checkbox"/> Sadistic Acts           | <input type="checkbox"/> Rebellious               |
| <input type="checkbox"/> Using drugs/alcohol        | <input type="checkbox"/> Homicidal acts          | <input type="checkbox"/> Self-defeating acts      |
| <input type="checkbox"/> Gambling                   | <input type="checkbox"/> Attention/concentration | <input type="checkbox"/> Helping others too much  |
| <input type="checkbox"/> Sex/sex related            | <input type="checkbox"/> Achievement             | <input type="checkbox"/> Irresponsibility         |
| <input type="checkbox"/> Child abuse and/or neglect | <input type="checkbox"/> Being too dependent     | <input type="checkbox"/> Being taken advantage of |
| <input type="checkbox"/> Eating                     | <input type="checkbox"/> Perfectionism           |   |
| <input type="checkbox"/> Sleeping                   | <input type="checkbox"/> Smoking                 |   |

Other problems with:

- |  |                                    |   |
|--|------------------------------------|---|
| <input type="checkbox"/> Spiritual or religion | <input type="checkbox"/> Marital   | <input type="checkbox"/> Job-related School/education related |
| <input type="checkbox"/> Relationships         | <input type="checkbox"/> Family    | <input type="checkbox"/> Financial Physical/medical related   |
| <input type="checkbox"/> Financial             | <input type="checkbox"/> Parenting |   |